The 9th Good Food Summit 2025

October 15–17, Huadong Hotel, 67 Beijing West Road, Gulou District, Nanjing, China

Dear Dr. Lilly Zhao,

Greetings!

We are pleased to invite you to participate in the 9th Good Food Summit 2025 and deliver a keynote speech at the Eastern Healthy Diet& Catering Sub-Forum on 17th Oct., under the theme "How to Influence Gen Z's Perceptions of Healthy Diet".

The Good Food Summit is China's first and longest-running annual event dedicated to food systems transformation. Since 2017, it has successfully convened eight editions, attracting more than 500 experts, scholars, and practitioners from over 40 countries, with strong participation and support from UN agencies, international organizations, government institutions, academic think tanks, and industry associations. Widely covered by nearly 100 leading media outlets, the four virtual editions held between 2020 and 2023 reached a total audience of 2 million and a cumulative media circulation of over 200 million.

In 2025, the 9th Good Food Summit will be held in Nanjing, the historic capital of six dynasties. From the millennia-old wisdom of Jiangnan dietary traditions to the practical exploration of just transitions, from cutting-edge global science to local innovations, this year's Summit will provide a cross-disciplinary and international platform for dialogue and collaboration through the following activities:

- **Opening Ceremony and Main Forum**
- **Deep Dive Dialogue on the EAT–Lancet Commission Report 2.0**
- **Thematic Forums** (Eastern Healthy Diet & Food Service, From Multi-Sectoral Practice to Broader Impact in Food Systems Transformation, "Eastern Healthy Diet" + Agri-Cultural-Tourism Integration, Animal-Based Foods: A Cross-Sectoral Perspective on Health, Environment, and Welfare, Youth Action Forum)
- **Institutional Dining Seminar**

Main Forum:

From Global Science to Local Action: Exploring Just Pathways for Food Systems Transformation in Asia and China

The Main Forum will present and interpret the *EAT–Lancet Commission Report 2.0*. This updated report places **just transition** at its core, incorporating considerations of cultural diversity and local adaptability. It represents a landmark interdisciplinary achievement, synthesizing the latest

scientific evidence on dietary health, environmental impacts, agricultural and livestock practices, economic modeling, and social justice. The Forum will convene policymakers, leading experts, business leaders, and academics from China and abroad to explore how global scientific consensus can be translated into localized practices in Asia and China.

Deep Dive Dialogue on the EAT–Lancet Report 2.0:

Cross-Sectoral Collaboration for Action

(October 16, Afternoon)

This session will create a cross-sector dialogue platform, inviting researchers and practitioners from agriculture and food, public health, climate change, and other key fields to exchange insights on the *EAT–Lancet 2.0 Report*. Participants will share their interpretations, best practices, and possible pathways forward, with the goal of transforming the latest scientific findings into actionable policies and business solutions.

We sincerely look forward to your participation. Together with global experts, industry leaders, and innovative practitioners, we will gather in Nanjing to explore future pathways for just food systems transformation and to advance the movement toward healthy, sustainable, and equitable diets.

Organizing Committee

The 9th Good Food Summit 2025

Appendix 1： Preliminary Agenda of the Summit

	Oct 15（Wed）	Oct 16（Thu）	Oct 17（Fri）
AM		8:30-12:00 Opening Ceremony and Main Forum	8:30-12:00 Parallel Sessions: 1. From Multi-Sector Practices to Breakthrough Impact in Food System Transformation 2. “Eastern Healthy Diet” + Agri-Cultural-Tourism Integration Forum
Lunch			
PM	1:30-6:00 Institutional Dining Seminar	2:00-5:30 Parallel Sessions: 1. Deep Dive Dialogue on the EAT–Lancet Commission Report 2.0 2. Animal-Based Foods: Health, Environment, and Welfare – A Cross-Sector Perspective	2:00-5:30 Parallel Sessions: 1. Eastern Healthy Diet & Catering Forum 2. Youth Action Forum
		Banquet Dinner	/

Please note: The above program is tentative and subject to change. The final agenda will be confirmed in the official release.