# User Intention Generation with Large Language Models Using Chain-of-Thought Prompting

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Abstract— Personalized recommendation is crucial for any recommendation system. One of the techniques for personalized recommendation is to identify the intention. Traditional user intention identification uses the user's selection when facing multiple items. This modeling relies primarily on historical behavior data resulting in challenges such as the cold start, unintended choice, and failure to capture intention when items are new. Motivated by recent advancements in Large Language Models (LLMs) like ChatGPT, we present an approach for user intention identification by embracing LLMs with Chain-of-Thought (CoT) prompting. We use the initial user profile as input to LLMs and design a collection of prompts to align the LLM's response through various recommendation tasks encompassing rating prediction, search and browse history, user clarification, etc. Our tests on real-world datasets demonstrate the improvements in recommendation by explicit user intention identification and, with that intention, merged into a user model.

*Keywords*— personalized recommendation, generative user modeling, user intention identification, large language models, chain-of-thought prompting.

#### I. INTRODUCTION

**P**ERSONALIZED recommendation has become an essential service for many internet service providers [1]. It triggered much research on user modeling since providing accurate services can only be achieved by a better understanding of users [2]. However, the investigation of user modeling can be categorized into three levels:

- Perceiving user attributes: User attributes encompass objective characteristics of users, such as age, gender, occupation, location etc. This information can be explicitly and effectively utilized for user modeling since users who have similar attributes generally have similar needs in life.
- Predicting subjective preferences: users with similar attributes often exhibit individual differences in their interest patterns. Modeling individual preferences is critical for achieving personalized recommendations.
- 3) Uncovering user intentions: users' action depends on their interests and whether these interests align with their intrinsic intentions. For example, if a user intends to find a movie to watch at a gathering, they would be more focused on movies catering to popular tastes rather than solely their interests.

Incorporating these three aspects into a user model is vital for delivering accurate recommendations. However, traditional retrieval-based user modeling approaches have limitations and flaws because they fail to capture user intention dynamically. Identifying use intention from the user's past actions proves to be inadequate. This is because the intention may sometimes exhibit concerns with ethical and moral factors, other times reflect users' personal biased and unfair discriminations and even pure user's temporary and random non-intentional temperaments. Therefore, it has serious implications for any accurate recommendation when new products or items become available. Users often find themselves trapped in past preferences and fail to provide opportunities for exploring new and more preferable items in current recommendation systems.

In response to the above challenges, we propose User Intention Generation with Chain-of-Thought Prompting for Personalized Recommendation (UIGRec). It leverages large language models (LLMs) and uses the chain-of-thought (CoT) prompting method in natural language to reason the information at three levels: user profiles, interests, and preferences to figure out user intentions. We integrate them into a user model. We take an initial user model as input to LLMs and design a set of prompts on four separate tasks including rating prediction, sequential recommendation, direct recommendation, and explanation generation. Unlike traditional recommendation methods, we do not tune LLMs during the process and only rely on the prompts themselves to adapt LLMs to understand uses intention.

To assess the proposed approach, we conduct experiments with a diverse set of recommendation scenarios using realworld datasets. The results of our experiments indicate that the proposed approach exhibits promising performance compared to several competing baselines. Moreover, the experimental results demonstrate the effectiveness of UIGRec in enhancing the LLM's capability to discover user intentions that lead to users' decisions and actions.

#### II. RELATED WORK

LLMs originated in the field of Natural Language Processing (NLP) and have recently gained significant attention in the domain of Recommendation Systems (RS). The efforts using LLMs for recommendation can be categorized into five major areas: LLMs for recommendation subtasks, LLMs to generate recommendations, fine-tune LLMs, prompt engineering and user modeling.

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# A. LLMs for Recommendation subtasks

Several studies have conducted using LLMs to overcome traditional problems in recommendation. Hou et al. [3] assessed the zero-shot ranking capability of LLMs in recommendation systems for candidate retrieval, and sorting. Chat-REC [4] testing chat-style recommendations by deploying in-context learning on top of LLMs, transforming user profiles and historical interactions into prompts to generate chat-style recommendations. Wang et al. [5] employed traditional collaborative filtering models to generate candidate items. They then utilized step-by-step prompts to extract user preferences, select representative historical interactions, and recommend and rank a list of ten items. Kang et al. [6] evaluated LLMs' performance in rating prediction. They revealed that augmenting model parameters in cold-start scenarios leads to enhanced recommendations. Arkadeep et al. [7] have explored how we can use LLMs to generate detailed descriptions of the items. However, LLMs' performance in zero-shot settings is noticeably inferior to traditionally trained models.

# *B. LLMs to generate recommendations*

LLMs' proficient text generation capabilities are also used for generating recommendations. GeneRec [8] introduced a novel generative recommendation paradigm, where user instructions and feedback were preprocessed as generation dependencies. An AI generator was employed to customize existing items or create new ones based on user needs. GPT4Rec [9] utilized a flexible generation framework for recommendation tasks. It first requested GPT2 to generate a hypothetical "search query" based on user-historical interactions and their titles. Then, a search engine (BM25) was employed to retrieve relevant items according to this query. GENRE [10] is a generative news recommendation framework based on LLMs, utilizing the metadata of news items interacted with by the user (titles, summaries, categories, etc.) to construct prompts.

## C. Fine tune LLMs for recommendations

Some research aligns LLMs with recommendation tasks through fine-tuning. InstructRec [11] proposed expressing requirements through natural language instructions, leveraging LLMs to achieve personalized recommendations by analyzing these instructions. It combines user preferences, intentions, and task formats to adapt to various interaction scenarios. TALLRec [12] is an efficient fine-tuning framework comprising instruction tuning and recommendation tuning. In the instruction tuning stage, TALLRec fine-tunes LLMs using Alpaca's instruction data. In the recommendation tuning stage, TALLRec formalizes recommendation data into the format used in instruction tuning. Through these two stages of efficient tuning, LLMs can be well-adapted to recommendation systems and demonstrate robust cross-domain generalization capabilities. Li et al. [13] propose distilling a specific task's discrete prompt to a set of continuous prompt vectors to bridge IDs and words and then reduce the inference time.

# D.Prompt Engineering for recommendation

Formulating natural language queries to guide the LLMs toward desired outcomes is called prompt engineering. Notably, models like OpenAI's ChatGPT showcase impressive language generation capabilities, demonstrating an understanding of complex prompts and generating text that resembles humanlike responses. Brown et al. [14] highlight the potential of these models for tasks through "few-shot learning" without the need for explicit fine-tuning. In contrast, prompt learning harnesses the LLMs' ability to comprehend and respond to prompts in a specific manner, effectively influencing the model's output. Prompt learning has found practical applications in various recommendation tasks [3], [4], [9], [15]. However, some challenges have been identified in prompt learning. Schick et al. [16] discovered that the choice of prompts significantly impacts performance, and designing effective prompts often requires human expertise. Additionally, as noted by Gao et al. [17], continuous prompts may lead to overfitting.

By constructing prompts for recommendation tasks, several fundamental approaches to prompting the model include zeroshot prompting, few-shot prompting, and self-consistency. Zero-shot prompting directly provides context information and task descriptions for LLMs without reference examples. Conversely, few-shot prompting offers a few prompts to assist LLMs in better understanding user intentions [14]. The selfprompting strategy implies that knowledge for answering questions can be acquired by prompting LLMs multiple times. LLMs may be required to generate relevant knowledge, providing necessary information for concepts in the original problem [18]. Simultaneously, the randomness and selfconsistency generated by LLMs enable them to produce multiple inference chains. The majority voting method is then applied to the results obtained from all chains to derive final outputs.

# E. Chain-of-thought prompting

Chain-of-thought prompting is a special prompting engineering technique. It elicits LLMs' ability to solve problems step by step [19] and explicitly decomposes the reasoning and analysis process using the least-to-most prompting strategy [20]. In recommender systems, explicit steps can also be provided manually by researchers to assist in solving recommendation tasks [5]. Moreover, a recent study [21] demonstrates that CoT paradigms yield the highest accuracy and have the potential to apply to scenarios that favor more recent content, thereby offering a more balanced and upto-date recommendation experience.

# F. User modeling for recommendation

User modeling plays a pivotal role in recommendation systems as it captures user interests, preferences, and decisions once facing choices. Numerous studies have explored with diverse approaches. Some research focuses on learning user choice representations from their past behaviors and others incorporating extra information like general knowledge and social networks to model users. Chen et al. [22] propose the Social Attentional Memory Network (SAMN), a novel socialaware recommendation model. Lin et al. [5] present a recommendation model with Implicit Preference Communities that leverages user ratings and social connections. Huang et al. [23] introduce the Explainable Interaction-driven User Modeling (EIUM) algorithm, utilizing Knowledge Graphs (KG) for constructing effective and explainable sequential recommenders. Wang et al. [24] propose KGIE, a knowledge graph-enhanced sequential recommendation model that enhances user interest modeling through knowledge-enriched item sets.

The above efforts range from resolving traditional recommendation problems to exploring new methods of improving recommendations, the center focus is using LLMs. However, most existing methods often overlook crucial characteristics that increase user modeling or matching accuracy. It seems a critical aspect that led to the poor recommendation performance we believe is the true user intention. Cognitively a user's desire drives user intention and the user's intention generates multiple interests and subsequent selections when interests can be fulfilled with multiple items. Researchers are trying to explore how to model users' multiple interests but fail to address the underlay intention shift. Wang et al. [25] propose the Multi-Interest News Sequence (MINS) model for news recommendation. Portman et al. [26] introduce MiCRO, a generative statistical framework that models multiinterest user preferences and temporal multi-interest item representations. Yang et al. [27] propose KEMIM, a knowledge-enhanced user multi-interest modeling approach for recommender systems, which leverages a knowledge graph to discover explicit user interests, expand potential interests using relationship paths, and combine user attribute features. Zhang et al. [28] propose using LLMs with long- and short-term feature-wise attention layers to capture users' long- and shortterm preferences. These efforts again failed to capsulate the intention which is the key aspect which enables the utilization of users' preferences in an adaptive way. Based on the above analyses, we set our task for trying LLMs for identify user intention for recommendations.

## III. METHODOLOGY

Motivated by the recent advancements in LLMs, our UIGRec framework utilizes intention generation by an LLM through CoT. We use an initial user profile as input to the LLM and design a collection of prompts to align the LLM's response through various recommendation subtasks such as rating prediction, clarification and explanation. It is hoped that through iterations the LLM can generate a clear description of user intention.

# A. Overall framework

Fig. 1 illustrates the proposed UIGRec framework, which uses an LLM and CoT. The framework incorporates appropriate prompt strategies to explore the utilization of the LLM in the identification of user intention and subsequential recommendation tasks. The UIGRec framework consists of three modules: (1) understanding user intention with Chain-of-Thought prompting; (2)prompt construction for

recommendation, and (3) recommendation evaluation.



Fig. 1 An overview of our proposed UIGRec framework

# B. Identify user intention with Chain-of-Thought Prompting

User intention understanding is a complex and difficult process that involves gathering user profiles, tracking user's past actions and extracting their interests and preferences. In our approach, instead of directly requesting the LLM for the user intention output, we expect the LLM to infer and integrate different aspects of user intention. To achieve this, we construct prompts in four logical steps as follows, ensuring a coherent flow of information:

Step 1. Given a set of user attributes, historical interactions between a user and items, and item metadata (e.g., item descriptions), the LLM follows the prompts to generate a natural language description that summarizes the user's profiles, supporting future recommendations.

Step 2. Building upon the description of user profiles, historical interactions, reviews, and ratings, we instruct the LLM to generate a description of the user's interests.

Step 3. In addition to describing user interests, we go further with some options for choices and try to figure out user preferences.

Step 4. With the three aspects of the user model as contextual information, we ultimately task the LLM with inferring a complete and coherent user intention by integrating these different elements.

Fig. 2 is the illustration of user intention generation with CoT prompting. By employing this approach, we facilitate a logical and coherent flow of information, allowing the LLM to accurately summarize user profiles, describe user interests and preferences in detail, convey users' current intentions, and even a step further that we can continue our CoT to generate a new and complete user model by integrating these aspects seamlessly.



Fig. 2 Illustration of generative user intention with CoT prompting

# C. Prompt Construction for Recommendation

With the same inspiration, the LLM is used to generate recommendations with user intention. The recommendation relies on the model's comprehension of user intention and available item options. By designing appropriate prompt formats, we can effectively communicate with the LLM and ensure the models fully understand the task and generate efficacy output.

The basic construction of prompts for recommendation generation involves four essential components: injected identity, candidate description prompt, item should be avoided prompt, and output format prompt. We present a sample prompt for a typical recommendation task in Fig. 3. In this task, the LLM is guided in selecting the most suitable item from a list of potential candidates. The recommendation incorporates intentions identified by the LLM through CoT and injects a role of the LLM as an expert in recommendation. The task description prompt is formulated as follows: Choose the top 10 items to recommend to the user and rank them according to the fitness to the user's intention from highest to lowest.



Fig. 3 Prompt examples for the UIGRec. The yellow highlights represent the injected identity Prompt, the green highlights indicate the task description prompt, the blue highlights represent the task output format prompt, the grey highlights indicate the task boundary prompt (negative list), and the red highlights represent the few-shot prompt.

# IV. EXPERIMENTS AND EVALUATION

We have conducted experiments on real-world datasets to evaluate our proposed UIGRec through performance comparison with the representative methods and benchmarking.

# A. Experimental Setup

Datasets. We evaluate our UIGRec performance on user intention identification and recommendation with the TG-ReDial dataset [29], the Douban Movie dataset [30], the Douban Book [31] dataset, and the Amazon Beauty dataset [32]. The TG-ReDial dataset was created in a semi-automatic way by involving reasonable and controllable human annotation efforts. The movie-watching records were collected from real users on the Douban website. The dataset contains an average of 1,482 users and 202.7 watching records for each user. The movie information was extracted from movie tags on Douban (e.g., genre, director, and starring). Douban Movie was collected from the Douban website. Movie and actor data were collected in early August 2019. Movie review data (users, ratings, comments) were collected in early September 2019, a total of 9.45 million data, including 140,000 movies, 70,000 actors, 630,000 users, 4.16 million movie ratings, and 4.42 million movie reviews. Douban Book comes from the Douban website,

including the book title, author, publisher, number of reviewers, ratings, price, number of pages, etc., of 60,000 Douban books. Amazon Beauty dataset contains 22,363 users, 12,101 items, and 198,502 product reviews from Amazon.com.

**Baselines and Metrics.** When using an LLM as a recommender, the quality of user intention identification directly impacts recommendation quality. Therefore, we assess the effectiveness of generative user intention identification by considering the recommendation results' accuracy, completeness, consistency, and interpretability through a direct comparison with contemporary recommender systems. we employ well-known and widely used collaborative filtering methods: BPR-MF [33] and BPR-MLP [34] as baselines and use top-k hit rate (HR@ $\{5,10\}$ ) and normalized discounted cumulative gain (NDCG@ $\{5,10\}$ ) metrics for evaluation.

Implementation Details. To validate the effectiveness of our proposed approach, we employ the GPT-3.5-turbo model. In order to enable ChatGPT to learn users' intention implicitly, we gather n items that users have interacted with and include kshots of historical records. Due to GPT-3.5-turbo's maximum context length of 4096 tokens, we set our n = 9 and k = 2. We also set the maximum length of input tokens to 1024, which gives us 3072 tokens to carry the contextual content. We randomly split each dataset into training (80%), validation (10%), and testing (10%) sets and ensured that there was at least one instance included in the training set for each user and item. We randomly choose 100 records from the test set to evaluate. Furthermore, we establish a candidate list of length 100, comprising one positive item and 99 negative samples, by setting the number of negative samples to 99. Additionally, we incorporate the candidate pool in the request, setting the number of shots to 1. We present the user's historical interacted items sequentially to ChatGPT, prompting it to predict the title of the next potential interaction. Specifically, we use the Sentires toolbox [35] to extract feature words and rating score explanations from review splits, resulting in explanation splits that are a subset of the original review divides. We randomly choose outcomes from several ways. We also employed three human evaluators to assess and rank each outcome. After collecting the manually annotated results, we calculate the average top1 ratio and ranking position for each technique to evaluate their generation performance. We ran all the experiments with different random seeds three times and reported the average results with standard deviation to prevent extreme cases. For LLM-based methods, we show the standard deviation for few-shot prompting exemplars with three different random seeds.

#### B. Performance comparison

The experimental findings are summarized in Table I. The experimental results unequivocally demonstrate that UIGRec outperforms the state-of-the-art baseline and ChatGPT across all four datasets when utilizing a limited number of cues. However, it falls short of baseline performance in the zero-shot setting. In contrast, ChatGPT exhibits significantly lower performance than the baseline in both few-shot and zero-shot. This discrepancy may stem from the fact that when the textual descriptions of the item pool are input into the large language model, the model tends to prioritize semantic similarity among these texts rather than capturing the transformational relationships between items. Consequently, the large language model struggles to accurately discern features of items that align with the user's intention. Conversely, UIGRec excels in effectively capturing and comprehending user intention, interests and preferences. It proceeds to match items based on robust and complete user model which include all the past data and well obtained general knowledge. Therefore, resulting in more precise and contextually relevant recommendations.

TABLE I. PERFORMANCE COMPARISON ON RECOMMENDATION (SHOWN IS THE MEAN  $\pm$  s.d. of 3 runs with different random seeds)

			SOTA baselines		ChatGPT		UIGRec	
			BPR-MF	BPR-MLP	Zero-shot	Few-shot	Zero-shot	Few-shot
Douban- TG-ReDial		HR@5	$0.1624 \pm 0.0011$	0.1587±0.0009	0.0417	$0.0549{\pm}0.0003$	0.0637	0.1889±0.0028
		HR@10	$0.2800 \pm 0.0016$	0.2773±0.0012	0.0852	$0.1130 {\pm} 0.0008$	0.1061	0.3071±0.0045
	Movie	NDCG@5	0.0975±0.0004	0.0936±0.0005	0.0309	$0.0416 \pm 0.0003$	0.0513	0.1189±0.0019
		NDCG@10	$0.1415 \pm 0.0003$	$0.1400 \pm 0.0007$	0.0404	$0.0548 {\pm} 0.0005$	0.0619	0.1673±0.0023
		HR@5	$0.1702 \pm 0.0005$	0.1653±0.0014	0.0460	0.0579±0.0003	0.0582	0.1795±0.0030
		HR@10	$0.2885 \pm 0.0015$	0.2832±0.0006	0.0906	$0.1193 \pm 0.0004$	0.1111	0.3322±0.0047
		NDCG@5	$0.1041 \pm 0.0008$	$0.0974 \pm 0.0011$	0.0351	$0.0470 \pm 0.0002$	0.0574	0.1228±0.0030
		NDCG@10	0.1577±0.0015	0.1509±0.0009	0.0438	$0.0575 \pm 0.0005$	0.0661	0.1905±0.0022
Amazon- Douban-		HR@5	$0.1370 \pm 0.0016$	0.1321±0.0003	0.0322	$0.0560 \pm 0.0002$	0.0511	0.1675±0.0012
	÷.	HR@10	$0.2598 \pm 0.0014$	0.2517±0.0013	0.0769	$0.1005 \pm 0.0004$	0.0939	0.2983±0.0039
	ñ	NDCG@5	$0.0969 \pm 0.0002$	0.0912±0.0007	0.0215	$0.0328 \pm 0.0003$	0.0427	0.1183±0.0015
		NDCG@10	$0.1494 \pm 0.0016$	0.1476±0.0008	0.0402	$0.0536 \pm 0.0004$	0.0614	0.1679±0.0023
	Beauty	HR@5	$0.1426 \pm 0.0013$	0.1392±0.0015	0.0217	$0.0349 \pm 0.0004$	0.0598	0.1806±0.0029
		HR@10	0.2573±0.0017	0.2542±0.0009	0.0652	0.0930±0.0003	0.1025	0.2984±0.0026
		NDCG@5	$0.0857 \pm 0.0002$	0.0848±0.0002	0.0111	$0.0216 \pm 0.0005$	0.0498	0.1173±0.0013
	-	NDCG@10	$0.1224{\pm}0.0005$	0.1215±0.0005	0.0252	$0.0398 {\pm} 0.0003$	0.0603	$0.1701 \pm 0.0027$

#### V.CONCLUSION

We employ large language models to understand users' intentions by feeding them with user attributes, past selections, reviews, and ratings. We deployed a CoT prompting to identify the user's current intention and integrate that intention into the user profile for recommendation. We demonstrated how to adapt large language models for recommendations, we have designed a set of prompts where we take a natural language user profile as input, and the language model generates recommendation results based on specific instructions to identify the user's intention first. The experimental findings demonstrate the immense potential of large language models in identify user intention for recommendation. Furthermore, with that user intention integrated into a user model then using that model and LLM to generate recommendations has demonstrated improved recommendation performance compared to classical methods and LLM alone. We believe that exploring enhanced integration between recommendation systems and large language models holds great promise in future work. Finally, the success of LLMs in other areas has introduced novel human-machine interaction paradigms, necessitating research into new prompt and user interactions with the LLMs can help to understand users, particularly in the context of recommendations.

# ACKNOWLEDGMENT

This work was supported in part by the AI University Research Centre (AI-URC) through the XJTLU Key Program Special Fund (KSF-A-17).

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